



presents

MORGAN HILL GET FIT

Open House, 5K and Family Run

October 16
8am-12pm

5K Run/Walk • 8:00 am
Family Fun Run • 9:30 am

Enjoy

Free Access to the CRC
Group Demonstrations
Fitness Tips for All Ages
Youth Activities
Free Food, Fun and Giveaways

Centennial Recreation Center

171 W Edmundson Ave
www.mhcrc.com • 782-2128

